

New Britain  
Family Wellness Center  
85 Lafayette Street  
New Britain, CT

For More Info:  
Visit our website!  
[familywellness.chc1.com](http://familywellness.chc1.com)

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2025

Mon	Tue	Wed	Thu	Fri	Sat
	December 31	January 1	2 Open Playgroup 9:30-11:00am	3	4
6	7 Prenatal Yoga 10:45am-12:00pm  Heal Our Youth Project 3:00-6:00pm	8 Open Playgroup 9:30-11:00am	9 Open Playgroup 9:30-11:00am  Heal Our Youth Project 3:00-6:00pm	10	11
13 Mobile Food Pantry 10:30-11:15am CHC New Britain	14 Prenatal Yoga 10:45am-12:00pm  Heal Our Youth Project 3:00-6:00pm	15 Open Playgroup 9:30-11:00am	16 Open Playgroup 9:30-11:00am  Heal Our Youth Project 3:00-6:00pm	17	18
20	21 Prenatal Yoga 10:45am-12:00pm  Heal Our Youth Project 3:00-6:00pm	22 Open Playgroup 9:30-11:00am	23 Open Playgroup 9:30-11:00am  Heal Our Youth Project 3:00-6:00pm	24	25
27 Mobile Food Pantry 10:30-11:15am CHC New Britain	28 Prenatal Yoga 10:45am-12:00pm	29 Open Playgroup 9:30-11:00am	30 Open Playgroup 9:30-11:00am	31	