New Britain Family Wellness Center 85 Lafayette Street New Britain, CT

For More Info: Visit our website! familywellness.chc1.com

Nat Holmes

Community Wellness & Engagement Program Specialist HolmesN@chc1.com

860-347-6971 x3662

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2025

Mon	Tue	Wed	Thu	Fri	Sat
The Family Wellness Center	April 1 Prenatal Yoga 10:45am-12:00pm	2 Open Playgroup 9:30-11:00am	3 Open Playgroup 9:30-11:00am	4	5
Mobile Food Pantry 10:30-11:15am CHC New Britain	Prenatal Yoga 10:45am-12:00pm	9 Open Playgroup 9:30-11:00am	Open Playgroup 9:30-11:00am	11	12
14	Prenatal Yoga 10:45am-12:00pm NB Diaper Bank 12:00-3:00pm	Open Playgroup 9:30-11:00am	Open Playgroup 9:30-11:00am	18	19
Mobile Food Pantry 10:30-11:15am CHC New Britain	Prenatal Yoga 10:45am-12:00pm	Open Playgroup 9:30-11:00am	Open Playgroup 9:30-11:00am	25	26
28	Prenatal Yoga 10:45am-12:00pm	30 Open Playgroup 9:30-11:00am			Commun*ty Health Center, Inc.