

**New Britain
Family Wellness Center**
85 Lafayette Street
New Britain, CT

For More Info:
Visit our website!
familywellness.chc1.com

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Engagement Program
Specialist
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2025

Mon	Tue	Wed	Thu	Fri	Sat
September 1	2 Prenatal Yoga 10:45am-12:00pm	3 Open Playgroup 9:30-11:00am	4 Open Playgroup 9:30-11:00am	5	6 
8 Mobile Food Pantry 10:30-11:15am CHC New Britain	9 Prenatal Yoga 10:45am-12:00pm	10 Open Playgroup 9:30-11:00am	11 Open Playgroup 9:30-11:00am	12	13
15	16 Prenatal Yoga 10:45am-12:00pm	17 Open Playgroup 9:30-11:00am	18 Open Playgroup 9:30-11:00am	19	20
22 Mobile Food Pantry 10:30-11:15am CHC New Britain	23 Prenatal Yoga 10:45am-12:00pm	24 Open Playgroup 9:30-11:00am	25 Open Playgroup 9:30-11:00am	26	27
29	30 Prenatal Yoga 10:45am-12:00pm				