

**New Britain  
Family Wellness Center**  
85 Lafayette Street  
New Britain, CT

**For More Info:**  
Visit our website!  
[familywellness.chc1.com](http://familywellness.chc1.com)

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**2025**

Mon	Tue	Wed	Thu	Fri	Sat
December 1 <b>Mobile Food Pantry</b> 10:30-11:15am CHC New Britain	2 <b>Prenatal Yoga</b> 10:45am-12:00pm	3 <b>Open Playgroup</b> 9:30-11:00am	4 <b>Open Playgroup</b> 9:30-11:00am	5	6 
8	9 <b>Prenatal Yoga</b> 10:45am-12:00pm	10 <b>Open Playgroup</b> 9:30-11:00am	11 <b>Open Playgroup</b> 9:30-11:00am	12	13
15 <b>Mobile Food Pantry</b> 10:30-11:15am CHC New Britain	16 <b>Prenatal Yoga</b> 10:45am-12:00pm  <b>New Britain FWC Diaper Bank</b> 12:00-3:00pm	17 <b>Open Playgroup</b> 9:30-11:00am	18 <b>Open Playgroup</b> 9:30-11:00am	19	20
22	23 <b>Prenatal Yoga</b> 10:45am-12:00pm	24 <b>Open Playgroup</b> 9:30-11:00am	25  <b>CHRISTMAS</b>	26	27
29 <b>Mobile Food Pantry</b> 10:30-11:15am CHC New Britain	30 <b>Prenatal Yoga</b> 10:45am-12:00pm	31 <b>Open Playgroup</b> 9:30-11:00am			